

“One must become colourless while playing with colours.” – Rev. Babuji Maharaj.

Smt. N B T Sundari

My dear brothers and sisters,

Namasthe.

The topic of the seminar is “One should become colourless while playing with colours”.

Holi is the festival of colours. It is celebrated in India during the month of Phalguna on the full moon day which falls in the Feb – March of the year.

Pujya Babuji Maharaj begins the topic by talking about the people participating in Holi as well as onlookers and bystanders. He says that these are the people whose temperament is inclined towards play.

The manifestation is very colourful and attractive. Having come away from our homeland, we are all playing with the colours and if not playing we are charmed by the colours to such an extent that we have forgotten the creator. Such is the power of attraction.

A child who is on his way home, back from school, when he witnesses a roadside show, stays there and forgets about going home. I witnessed it during my childhood. Unless somebody reminds us or the

show gets over, we don't think of going back home. Here, our Master is reminding us of our homeland now, so that we don't spend all the time waiting for the show to get over which will take a very long time.

What should be our attitude while playing with colours, is the topic of the seminar.

Is playing bad? Should we run away from it? No, playing by itself is not bad and we need not run away from it. We should not get affected by the colours. The system of Natural path is for grihastas. Here we are all taking part in the manifestation but we should not get attached to it. While leading our lives, our hearts should not get soiled by the colours. We should develop due attachment. Our attitude in Life is to live like coots and ducks in water. All our dealings should become moderate.

How to become colourless?

It is possible by turning our attention internally towards the heart. By meditation we get linked to the Ultimate and by doing so regularly we attain that which we meditate upon. Pujya Babuji Maharaj says "if we got ourselves linked to the Ultimate, then the colour of the same ultimate shall pari-passu prevail in us".

"Our object of meditation is Divine light. We meditate upon the subtlest which is to be attained. .... The Real light refers only to the real substance

or the substanceless substance. .... The Real light has the colour of dawn or a faint reflection of colourlessness.” (SS Page 430)

Our meditation on the Divine light helps us to become colourless. “When an abhyasi meditates, his thoughts create a vacuum in his heart which begins to be filled up with the power of that which is meditated upon” (SS page 5)

During our meditations when our consciousness is lifted to higher planes, we experience that we are delinked or unmindful of the colours of the manifestation. When we start owning up these conditions then we continue to remain colourless even after the meditation sessions.

The first step in our journey is to fix up our goal. The goal should always be in our view with a single pointed orientation and we should become restless to reach the destination. That should be our aspiration.

The efficacy of PAM comes to our aid to remain colourless while playing with colours. A person who is lost in the play, his attention to turn towards the creator, pranahuti helps by diverting the flow from L to U. There starts a spiritual awakening.

We have understood the power of attraction to the manifestation. When we started the journey back to the homeland, the colours (temptations) are there throughout.

Sufficient purification and regular influxes of Pranahuti help us to develop Viveka and Vairagya. Point A and B meditations helps in decreasing our desire for colours and following the natural path in-toto alone helps us to become colourless while playing with colours.

We, the entire humanity are indebted to our grand master “who offers an easy solution to the problem of existence which has ever been confounding even the greatest of the sages” (SS Page 11). Pujya Lalaji Maharaj, in his infinite compassion and kindness has made it possible for us to become colourless while playing with colours. Our salutations to Him and to Pujya Babuji Maharaj who gave us this system of Natural path.

Let us all offer universal prayer with all sincerity that our fellow brethren who are still playing with colours are reminded of the colourlessness.

Namasthe.